

## INFORMATION

### TARGET GROUPS

Doctors, psychologists, nurses, chaplains, deacons, researchers and other health professionals.

### PRESENTATIONS

Relevant research will be presented in parallel sessions (15 minutes). We hope you will present your project. An abstract of maximum 200 words can be sent to Sigrid Helene Kjørven Haug at [sigrid.helene.k.haug@sykehuset-innlandet.no](mailto:sigrid.helene.k.haug@sykehuset-innlandet.no) before 12 September 2018. A committee will evaluate the abstracts.

### PARTICIPATION FEE

- ▶ Conference fee **2950 NOK**  
Students **1950 NOK**
- ▶ For one day **1750 NOK**  
Students **1200 NOK**

### REGISTRATION

[Electronic registration](#)

#### Registration deadline 12 September 2018

If canceling after 17 September the full amount will be charged.

For updates and information, please visit [www.religionspsykologi.no](http://www.religionspsykologi.no)

### ACCOMMODATION

The payment is settled with the hotel at the time of departure.

Sunday evening – Tuesday

- ▶ 1770 NOK per person in single bedroom
- ▶ 1470 per person in double bedroom

Monday – Tuesday

- ▶ 885 NOK per person in single bedroom
- ▶ 735 per person in double bedroom

### CERTIFICATE

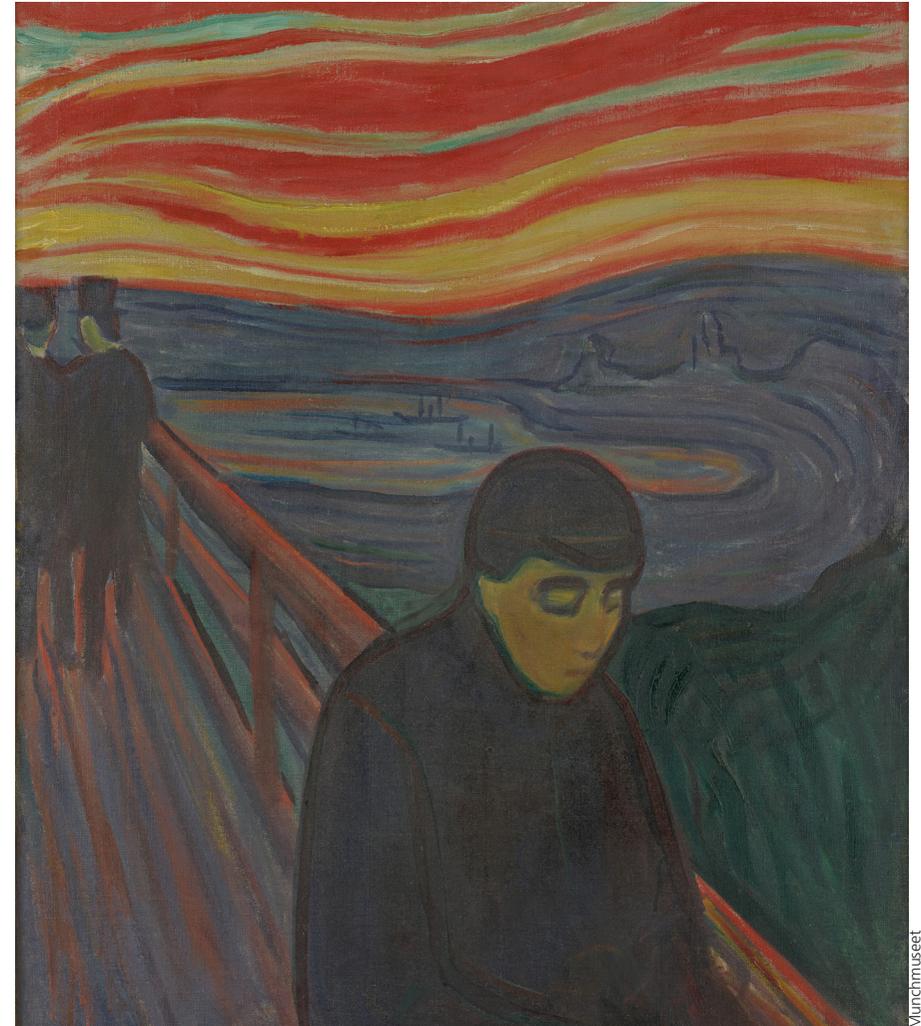
The course has been certified as elective course for doctors, psychologists, nurses, occupational therapists and pastors (12 hours). See updated information: [www.religionspsykologi.no](http://www.religionspsykologi.no)

### CONFERENCE COMMITTEE

Gry Stålsett, Hans Stifoss-Hanssen, Lars Danbolt, Ingvild Engh Vattø, Tor-Arne Isene, Torgeir Sørensen, Valerie DeMarinis and Sigrid Helene Kjørven Haug.

NORDIC CONFERENCE IN PSYCHOLOGY OF RELIGION:

# Addressing existential questions in health care



Honne Hotel and Conference Center, Biri, Norway ▶ 22 – 23 OCT 2018

## CENTER FOR PSYCHOLOGY OF RELIGION



Center for Psychology of Religion (RPS) at Innlandet Hospital Trust in Hamar was established in 2008. The center conducts research on existential and cultural issues related to health and treatment. We are pleased that the conference has become a gathering place for professionals, researchers, and students with different academic backgrounds, sharing a common interest in psychology of religion.

## CONTENT

We are happy to invite you to the 11th Nordic Conference in Psychology of Religion. The theme of the conference is **Addressing existential questions in health care.**

Questions and issues related to the existential domain are often central for patients struggling with mental and physical health problems. Clinicians in different parts of the health care system experience the importance of this domain for how patients understand and handle their life situation. Still, the knowledge concerning how to address existential questions and assist patients in this area has proven to be quite limited.

The focus at this conference is to clarify the concept of existential questions, to provide some experiences in small groups on the topic, and to learn some techniques to work with these issues. Five existential issues will be highlighted: death and loss, loneliness, suffering, meaning, and responsibility. The conference is highly relevant for clinicians, researchers, and professionals working with pastoral care.

The main speaker is Sebastian Murken from Germany. He has extensive experience in teaching on existential questions in psychotherapy. Gry Stålsett will focus on the relation between awareness of existential questions and emotions. In addition there will be group- and plenary discussions and research contributions. As always, there will be time for good talks with old and new colleagues.

Honne Hotel and Conference Center is situated on the hillside above Biri. The view is great, overlooking the lake Mjøsa and the surrounding countryside. There are hiking opportunities to even better viewpoints.

## CONTRIBUTORS



**Sebastian Murken** teaches extensively on various topics in the field of psychotherapy of religion and regarding existential questions in psychotherapy. Murken has done

extensive research in psychology of religion ([www.religionspsychologie.de](http://www.religionspsychologie.de)). His background is both in psychology and science of religion (Religionswissenschaft). He is also a clinical psychologist, licensed psychotherapist, and group analyst in private practice. Murken is an honorary professor in the psychology of religion at the University of Marburg



**Gry Stålsett** is a clinical psychologist and consultant at Kildehuset, Modum Bad, and associate professor at MF Norwegian School of Theology where she teaches in the

field of psychology of religion. She was central in developing the VITA treatment model at Modum Bad, a model anchored in an existential psychodynamic approach. Stålsett holds highly expertise on existential and emotional interventions related to crisis and trauma. Her research field is especially in clinical psychology of religion.

**Hans Stifoss-Hanssen** is a professor at VID Specialized University in Oslo. His research areas is in pastoral care and psychology of religion.

**Christina Lloyd** is a licensed psychotherapist with a PhD in clinical psychology of religion, working at Stockholm's City Mission's Therapy Center/Young Health.

**Peter LaCour** is a clinical psychologist and leader of the Knowledgecenter for functional diseases in Copenhagen. His research areas is mainly in psychology of religion.

**Hilde Hanevik** is a psychiatrist with a PhD in clinical psychology of religion, working at Jæren outpatient clinic (DPS) in Norway.

**Lars Danbolt** is a professor at MF Norwegian School of Theology and leader of the Center for psychology of religion in Innlandet Hospital Trust. His research areas is in pastoral care and psychology of religion.

**Sigrid Helene Kjørven Haug** is a psychiatric nurse with a PhD in clinical psychology of religion, working at Center for psychology of religion in Innlandet Hospital Trust and Hedmark University College of Applied Sciences.

## PROGRAM

### SUNDAY 21 OCTOBER

19.00 Dinner - Social evening

### MONDAY 22 OCTOBER

09.00 Registration and coffee

10.00 Opening ▶ *Lars Danbolt*

10.15 What do we mean by existential questions [EQ]? ▶ *Sebastian Murken*

11.15 Small group discussion along a guideline on the topic  
▶ *Sebastian Murken*

12.15 Lunch

13.30 Awareness of EQ and emotions  
▶ *Gry Stålsett*

14.30 The big 5 EQ  
1) Death and loss  
2) Loneliness  
3) Suffering  
4) Meaning  
5) Responsibility

▶ *Sebastian Murken*

Discussion with plenum on both talks

16.00 Parallel sessions with presentation of relevant research

19.00 Dinner

### TUESDAY 23 OCTOBER

09.00 Short plenum meeting  
Parallel workshops to the 5 EQ

Moderators

▶ *Christina Lloyd, Peter la Cour, Hilde Hanevik, Hans Stifoss-Hanssen and Sigrid Helene Kjørven Haug*

11.00 Bringing workshop results to the plenum  
Moderators  
▶ *Sebastian Murken and Gry Stålsett*

12.30 Lunch

13.30 Putting knowledge into praxis:  
Skilful means to address clients' EQ  
▶ *Sebastian Murken*

14.45 Closing

▶ *Lars Danbolt*