

# FIRST INTERNATIONAL SEMINAR ON EDUCATION IN SUICIDE PREVENTION (IS-ESP)

## Learning saves lives!

### 10 September 2021

### 15.00-18.30

#### online & Karlskrona Regionsalen

(on-site according to the guidelines Public Health Agency in Sweden) & in all other on-site locations where you can gather to participate in a group!

To register, click on this link:

[Internationella dagen för suicidprevention 2021 - Region Blekinge](#)

The official conference language is English.  
There is no registration fee for attending the conference.  
Certificates of participation will be provided

During World Suicide Prevention Day 2021, the European Union Erasmus+ programme ELLIPSE (E-Lifelong Learning in Prevention of Suicide in Europe) invites you to a crossing boundaries seminar in suicide prevention! Our ambition is to help you save life.

## SEMINAR

Focus Groups – learning  
by meeting & listening  
to students & professionals  
30 min

Learning from researchers  
& research  
30 min

Learning from media  
60 min

Learning by practicing skills  
30 min

Panel discussion  
15 min

## AGENDA

**Moderators: Anna Baran, Maiellen Stensmark, Nestor Kapusta**

**A glimpse into the suicide prevention skills and needs of the key professions** Teresa Kremser, The University of Vienna, Austria  
**The experiences from the Norwegian Focus Groups in the education in suicide prevention** Anita Mlodozieniec, Lars Lien, Sykehuset Innlandet, Norway

*Film: "Key Message for World Suicide Prevention Day" from the world-leading suicide researchers*

**The research report on a meta-analysis on the role of e-learning in suicide prevention** Jim Schmeckenbecher, Medical University of Vienna, Austria  
**New directions in the suicide research based on the interviews with the world-leading researchers in suicide prevention interviewed for the ELLIPSE-project** Karoly Oriold, Oriold & Co, Hungary

*Music: Hildur Höglind, Sweden*

**Moving publications in contemporary Polish media and suicide prevention** Radosław Pawelec, Łukasz Krawczyk, Paulina Janocha, Anita Kwiatkowska, Aneta Nowosińska, University of Warsaw, Poland

*Film: About a Safety Plan (based on the interviews with world-known researchers)*

**First experiences with a Safety Plan 12StepsApp.** Anna Baran, Region Blekinge, Sweden  
**How to increase the quality of communication with people with increased suicide risk - Testing Safety Planning in small groups online & face-to face** workshop (15 – 20 min)

*Learning from the participants of the seminar (Invitation to co-creation of the preliminary guidelines on education in suicide prevention)*

**How can teaching in suicide prevention look like? Can we do any better than we are doing?** Teresa Kremser, Jim Schmeckenbecher, Lars Lien, Radoslaw Pawelec, Karoly Oriold, Maiellen Stensmark, Anita Mlodozieniec,  
Moderators: Anna Baran, Nestor Kapusita

*Music: Filip Mizia, Poland*

(As a conference participant, you are invited to join us by sending your input to this important discussion and to vote for the guideline you consider the most essential!)

**Organized and supported by:** Region Blekinge, Sweden | SPES Blekinge, Sweden | Medical University of Vienna, Austria | Sykehuset Innlandet, Norway | Oriold & Co, Hungary | Warsaw University, Poland | Jagiellonian University, Poland | Polish Association of Suicidology (PTS), Poland